

Hospice Orillia Newsletter

August 2008

Dragon Boat Race

Hospice volunteers & supporters, team "Hospice Hope" needs you!

Last year with the help of our rowing, cheering and nut sales volunteers raised over \$7000! Orillia's Dragon Boat Festival is coming upon us and we need all the help we can get! No prior rowing experienced is needed. It's about getting out there and supporting a local non-profit.

This is the perfect opportunity for any volunteers who do not currently have a client but would like to show their continued support to Hospice Orillia.

Mark your calendars for Saturday, September 27th.

Pledge forms can be mailed to you or picked up at the office. You have two more months to collect pledges. Contact us today and spend a fun & exciting day at Couchiching Beach Park.

Please call or e-mail the office to sign up. amber@csolve.net

BINGO!

We are always looking for Bingo volunteers. The next Hospice Orillia bingo night is **Sunday, November 2nd** and we need your help! Please contact Heather at the office to sign up.



Spaghetti Dinner Fundraiser

The launch of our Hospice Orillia cookbook will take place at St. Paul's United Church on **Thursday, November 13th**, during a spaghetti dinner Hospice fundraiser. Please contact Amber at the office to sign up and help with the dinner.



This is the last month to get in your cookbook fundraiser recipes! Don't miss the opportunity to share your family favourites in our first edition of the Hospice Cookbook!

Send us your recipe and make sure it includes your name as you wish it to appear in the book.

HOSPICE ORILLIA FACTS:

- We serve an area of approximately 500 SQUARE MILES (800 square km)
- Provide 30 hour training course, using community professionals
- Offer FREE individual and group bereavement support

In this issue:

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SEPTEMBER '08

Volunteer training schedule: Monday & Wednesday evenings from 7:00 –9:30 pm at St.Paul's United Church. All Hospice volunteers are welcome to attend any (or all) training sessions.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Collect Dragon Boat Pledges!</i>	2	3	4	5	6
7	8 <i>Intro to Palliative care</i>	9	10 <i>Role of CCAC & Infection Control</i>	11	12	13
14	15 <i>Signs of ap- proaching death & the volunteer ex- perience</i>	16	17 <i>Pain Manage- ment & Symptom Specific</i>	18	19	20
21	22 <i>Communi- cation</i>	23	24 <i>Self care & Family dy- namics</i>	25	26	27 <i>Dragon Boat Festi- val</i>
28	29 <i>Comfort measures & Boundaries</i>	30	<u>October 1st</u> <i>Spirituality</i>	<u>October 6th</u> <i>Bereavement</i>	<u>October 8th</u> <i>Hospital tour & I.D badges</i>	<u>October 14th</u> <i>Volunteer Graduation Dinner at Casino Rama</i>

Precious Stone

“There was once a wise woman traveling in the mountains who found a precious stone in a stream. The next day she met another traveler who was hungry, and she opened her bag to share her food. The hungry traveler saw the precious stone and asked if she might give it to him. She did so without hesitation. The traveler left, rejoicing in his good fortune. He knew the stone was worth



enough to give him security for a lifetime, but a few days later he came back to return the stone to the woman who had given it to him. ‘I’ve been thinking,’ he said, ‘I know how valuable the stone is, but I’m giving it back in the hope that you can give me something much more precious. I want you to give me what you have within you that enabled you to give me the stone.’”


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-Author Unknown

Sometimes in our continual drive to get ahead, we forget

that the things we gather around us, no matter how precious they might seem, pale in comparison to the love and light we hold within.

May you always recognize that what is truly precious is not to be found in the outer world, but inside of you.



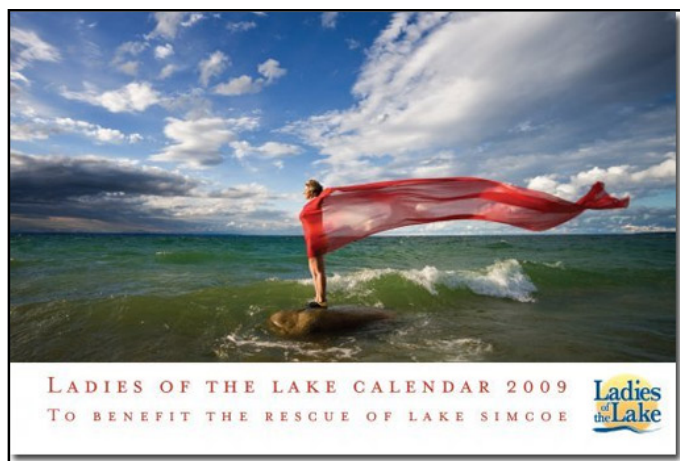
Happy Birthday to the following volunteers:

Sheryl Dobson– Sept. 14th

Susan McCullagh-Sept. 17th

Ladies of the Lake

Hospice Orillia has the 2009 “Ladies of the Lake” calendar available for purchase at the office. The calendars are \$15.00 with 50% of the sales going to Hospice Orillia. The “Ladies of the Lake” are a group of over 100 women who are raising money for the health of Lake Simcoe. These TASTEFUL artistic calendars feature nude photographs of women posing around or on Lake Simcoe, a fundraising effort to keep the lake beautiful. By purchasing a calendar (or two) you will be supporting Hospice Orillia and help to protect our environment. Pick up a copy for your friends, family and co-workers they make wonderful Christmas gifts!



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Hospice Orillia

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705-327-7799

Fax: 705-327-5986

Amber's new e-mail address:
amber@csolve.net E-mail your monthly hrs.

Hospice Orillia volunteers offer comfort and support to individuals and their families living with a life-threatening illness. Individual and group bereavement support is also available.

"It's all about living"

Wish List:

- Residential Hospice
- Bottled Water
- Kleenex
- Binders in good condition
- Portable C.D. player



A Hospice story...

I am a Hospice volunteer at the Veteran's Hospital in Roseburg, Oregon. I was on duty the day the book arrived in the post and I took it with me to the hospital. I was with a dying patient, a woman veteran. When I arrived she was asleep, so I started reading Cotner's book. I heard my patient stir and then saw her open her eyes. In a weak voice she asked: "What are you reading?" A book of poems, I replied. She asked me to read to her. I chose at random, "On Valentine's Day." It goes:

"An old man got on a bus one February 14, carrying a dozen roses. He sat behind a young man, who said: 'Somebody's going to get a beautiful Valentine's Day gift.' 'Yes,' said

the old man. Minutes went by and the old man noticed that his young companion was staring at the roses. 'Do you have a girlfriend?' the old man asked.

'I do,' said the young man. 'I'm going to see her right now and I'm going to give her this Valentine's Day card.'



They rode in silence for another ten minutes and then the old man got up to get off the bus. As he

stepped out into the aisle, he suddenly placed the roses on the young man's lap and said: 'I think my wife would want you to have these. I'll tell her I gave them to you.' He left the bus quickly. As the bus pulled away, the young man turned to see the old man enter the gates of a cemetery."

--Author unknown.

My patient listened quietly as I read. Then said in a weak whisper, "That sounds like something my husband would do," and drifted back to sleep.

She died the next day.

